

# Workshops & Trainings



Earn CEUs. Gain new skills.

# The world is changing. Our commitment is not.

*We offer virtual and onsite trainings as well as curriculum materials.  
Below is a menu of trainings available virtually.*



## Virtual Trainings

### Askable Adult: Talking to Teens About Tough Topics

Improve your skills for talking with adolescents about delicate topics and answering sensitive questions. By becoming an Askable Adult, you will gain essential tools to support teens in making healthy decisions about relationships, love and sex.

### Reproductive Health 101

Gain a general overview of reproductive health as it relates to teen pregnancy prevention in South Carolina. Topics include reproductive anatomy and physiology, adolescent growth and development, HIV/STIs, and contraceptives.

### Roots & Wings Training

The goal of this workshop is to encourage parents to have open, honest conversations with their children. Parents will get tips on how to talk with their children about tough topics. This workshop does not include sexual health information.

### Trauma-Informed Care: A New Perspective on Adolescent Reproductive Health

Adolescents are constantly making decisions that are based on a variety of experiences, including some that might be traumatic. This workshop provides practitioners with a working knowledge of trauma-informed care that can effectively help with outreach and reproductive health program implementation with youth.

### Getting to Outcomes (GTO)

Getting to Outcomes is organized around a 10-step process to help communities plan, implement, and evaluate the impact of their programs that attempt to prevent risky behaviors among adolescents. This process is both a model for carrying out prevention programming with quality and a support intervention aimed at enhancing practitioner capacity. This workshop will help communities choose the best program available that meets their needs.

### Foundations: Core Skills Training for Sex Ed

Learn the Foundations model to implement high-quality sex education. Foundations aims to ensure that sex educators have the skills to effectively facilitate student learning, create safe and inclusive environments, and provide opportunities for skill-building and values exploration.

\*option of additional 1-2 days addressing cultural proficiency, LGBTQ inclusion, common learning strategies and trauma-informed care

### Outreach Strategies for Teens & Young Adults

This training is designed to increase the effectiveness of conducting outreach among hard-to-reach populations using an Enhanced Outreach model. This training will provide outreach workers with a wide array of activities that will teach them how to approach clients, gain their trust and help clients access needed services.

**Audience:** Parents, grandparents, foster parents, adults working with youth, and any healthcare professional

**Duration:** Half-day or one-day options

**Audience:** Educators new to teaching sex education, anyone who wants a refresher on the basics, health care professionals

**Duration:** One day

**Audience:** Parents and trusted adults

**Duration:** Two hours

**Audience:** Any adult working with young people

**Duration:** Two hours

**Audience:** Any public health professional or adult working in prevention programming

**Duration:** Half-day or one-day options

**Audience:** Any teacher or adults working with young people implementing evidence-based programs

**Duration:** One day

**Audience:** Community health workers, health educators, social workers, and outreach workers

**Duration:** Two days

## SCHEDULE A TRAINING!

Contact us at [training@factforward.org](mailto:training@factforward.org)

### Teen Friendliness 101

Improve your knowledge of the key elements in teen-friendly health services environments. Making your environment and techniques more teen-friendly can help decrease no-shows, improve outcomes, and create a welcoming environment where teens feel comfortable asking difficult questions. We'll help you identify ways your health clinic can become more teen-friendly using your current resources.

### Community Mobilization and Readiness: Is Your Community Ready? (Part 1)

In this training participants will be introduced to the concept of community mobilization. Facilitators will guide participants to become comfortable in their ability to facilitate a community needs assessment, and the beginning of a community mobilization process. By the end of the training, participants will be able to define key terms and concepts, and explain the relevance of community priorities, resources, and needs in such a way as to promote representative participation.

### Community Mobilization and Readiness: Is Your Community Ready? (Part 2)

In this training, participants will build on the concepts delivered in Part 1. Facilitators will guide participants to become more comfortable with the community mobilization process. By the end of the training, participants will be more competent in identifying, enlisting, and retaining community champions; leading mobilizers to achieve a consensus on identified priorities; and select best mobilization activities for community.

### Be Proud Be Responsible

This training takes a comprehensive approach to adolescent SEX and HIV/STD education, including both information on abstinence and condoms. Throughout this two-day training, participants learn how to become effective facilitators of the curriculum while learning tips for answering sensitive questions and how to identify potential barriers to implementing this evidence based program.

### Draw the Line/Respect the Line

Draw the Line/Respect the Line is a 3-year evidence-based curriculum that promotes abstinence by providing students in grades 6, 7 and 8 with the knowledge and skills to prevent HIV, other STD and pregnancy. Using an interactive approach, the program shows students how to set personal limits and meet challenges to those limits. Lessons also include the importance of respecting others' personal limits.

### Reducing the Risk

This training introduces participants to a research proven curriculum and provides the skills necessary to implement the curriculum with youth. The curriculum consists of sixteen, fifty minute modules with the greatest emphasis on teaching students the interpersonal or social skills they can use to abstain or protect themselves. Reducing the Risk takes a comprehensive approach to adolescent SEX and HIV/STD education, including both information on abstinence and condoms.

### Making Proud Choices!/Making a Difference!

This training will introduce participants to two research proven curricula—Making a Difference! and Making Proud Choices! — and will provide the skills necessary to implement each of the curriculum with youth. Both curricula emphasize abstinence as the safest and best choice for adolescents. Making a Difference! emphasizes that young adolescents should postpone sexual activity and provides intensive educational strategies to help them do so. Making Proud Choices! covers abstinence in detail, but also emphasizes the importance of using condoms to reduce the risk of pregnancy and STD among sexually active participants.

**Audience:** Any healthcare professional

**Duration:** Varies

**Audience:** Any adult working with or on behalf of adolescents

**Duration:** Half-day or one-day options

**Audience:** Helathcare providers and professionals, counselors, social services and direct care service providers

**Duration:** Half-day or one-day

**Audience:** Youth-serving providers, and teachers

**Duration:** Two days

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# Why Fact Forward?

Fact Forward, formerly the South Carolina Campaign to Prevent Teen Pregnancy, has led an effort to advocate for adolescent reproductive health since 1994. We created one of the most successful state teen pregnancy prevention programs in the country, marked by a steep decline in teen pregnancy rates—but there's still more work to do. STIs are on the rise, and unintended pregnancies among young adults are up. As Fact Forward, we continue to advocate for reproductive health by:



## Training Professionals.

We train and support professionals and community advocates across the state and country to address reproductive health and wellness with the youth they serve. We provide this support via onsite workshops, webinars and online resources. We work with professionals and community partners to:

- Educate teens on how to make better choices, delay sexual activity, use contraception, and prevent repeat births;
- Urge schools to increase access to comprehensive sex education;
- Provide teen friendly reproductive health services.

## CREW

## Engaging Health Care Systems.

CREW (Collaborative for Reproductive Education and Wellness) helps health care systems effectively engage adolescent patients. The intensive collaborative provides the time and space necessary to help health care professionals assess current efforts and work as teams to maintain good initiatives and policies while using the process to make needed improvements along the way.



## Raising Awareness.

We engage the media, youth serving professionals, and community members with innovative, up-to-date information about teen pregnancy prevention through our annual events such as Sumer Insite, Contraceptive Leadership Summit, and teen birth rate data release. We also advocate for state and local policies that advance teen sexual health.



## Focusing on Research & Evidence.

We promote evidence-based teen pregnancy prevention strategies. We conduct research and analyze data to improve programs and develop user-friendly fact sheets, publications and reports.



## Investing in Communities.

Each year, we provide nearly \$1 million in funding to organizations around the state to support the implementation of evidence-based teen pregnancy prevention strategies in a variety of settings.



## Educating Parents & Teens.

Our branded initiative, Not Right Now: Put Pregnancy on Pause, serves as a straight-forward source of information for teens, parents, and teen parents.